



## Our Lady of Good Help Catholic Primary School

### *Breakfast Club & After School Club*

At Our Lady's School we are committed to providing a healthy, balanced and nutritious breakfast and snacks for our pupils.

Breakfast Club					
Drinks	Fruit	Cereals	Yoghurts	Breads	Spreads
Water Fresh Orange/Apple Juice Semi milk/dairy & lactose free	Apples, Oranges, Bananas, Pears	Rice Crispies Cornflakes Weetabix Bran Flakes Porridge	Frubes (various)	Best of Both sliced bread Muffins Crumpets Pancakes	Clover Low fat soft cheese Jam

After School Club		
Drinks	Snacks	Fruit & Veg
Water Fresh Orange/Apple Juice	Chicken, Ham & Salad Wraps Toasted Bagels/Noodles Ham & Cheese Toasties Rice Cakes/Cheese & Crackers Variety of sandwiches	Apples, Oranges, Bananas, Pears, Strawberries, Grapes, Melon, Pineapple, Kiwi, Mixed Berries Cucumber, Carrots, Peppers, Tomatoes, Celery

### Staff

Mrs Hopwood (Club Leader) Ms Edison (Club Assistant) & Ms Edge (Club Assistant)

*Breakfast Club* is open from 8am until 8.45am each morning - Cost £3 per child.

*After School Club* is open from the end of the school day until 5.30pm each day.

Cost £5.00 – if your child is collected before 4.30pm

Cost £9.00 – if your child is collected after 4.30pm