

# PRIMARY MENU



Week 1 w/c 15th April	PROUDLY <b>MEAT Monday FREE</b> SUPPORTING	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Chef Choice	Red Pepper Soup	Tomato & Basil	Broccoli & Cheddar	Leek & Potato
<b>Main Meal</b>	Tomato and Basil Pasta	Chicken Fajitas with Tortilla Chips	All Day Breakfast	Spaghetti & Meatballs	Fish Fingers with Chips & Garden Peas
<b>Meat Free Main Meal</b>	Vegetarian Chilli & Rice	Asian Noodles	Roasted Red Pepper Quiche	Twice Baked Jacket Potatoes	Welsh Rarebit
<b>Side dish</b>	Wholemeal Pasta/Rice	Wraps/Noodles	Toast	Wholemeal Spaghetti	Chips
<b>Vegetable</b>	Tomatoes	Onions, Peppers & Tomatoes	Mushrooms	Tomatoes	Peas
<b>Dessert</b>	Sponge Cake & Custard	Ginger Biscuits	Fresh Fruit Salad	Fresh Fruit Trifle	Barabritth

Jacket Potatoes with tuna, cheese or beans, Salad, Hummus, Fresh Fruit & Yoghurts available daily

Ask Chef about the Daily Special

Please speak to a member of school staff about any dietary requirements

# PRIMARY MENU



Week 2 w/c 22nd April	PROUDLY MEAT Monday FREE SUPPORTING	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea	Chinese Sweetcorn
<b>Main Meal</b>	Wholemeal Pizza & Wedges	Spanish Chicken with Rice & Green Beans	Sausage & Mash with Gravy & Peas	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread	Fish Fingers with Chips & Garden Peas
<b>Meat Free Main Meal</b>	Meat Free Burritos	Vegetable & Lentil Stew	Tomato & Basil Pasta	Spanish Omelette with Salad	Veggie Sausage Roll
<b>Side dish</b>	Wedges	Whoegrain Rice	Mash	Wholemeal Spaghetti	Chips
<b>Vegetable</b>	Peppers	Green Beans	Peas	Onions	Garden Peas
<b>Dessert</b>	Fresh Fruit Salad	Flapjacks	Iced Sponge Cake & Custard	German Apple Cake	Cheese & Crackers


Jacket Potatoes with tuna, cheese or beans, Salad, Hummus, Fresh Fruit & Yoghurts available daily

Ask Chef about the Daily Special

Please speak to a member of school staff about any dietary requirements

# PRIMARY LUNCH MENU



Week 3 w/c 29th April		Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Roasted Pepper	Chinese Sweetcorn
<b>Main Meal</b>	Quorn Mince Cottage Pie	Chinese Chicken Curry with Rice & Prawn Crackers	Chef Daniel's Beef & Bean Quesadillas	Beef Stifado with Rice	Fish Fingers or Tandoori Salmon with Chips & Garden Peas
<b>Meat Free Main Meal</b>	Broccoli & Cream Cheese Pasta Bake	Cherry Tomato Quiche	Vegetable & Lentil Stew	Vegan Ravioli in Homemade Tomato Sauce with Crusty Bread	Veggie Sausage Roll
<b>Side dish</b>	Mash	wholegrain Rice	wraps	wholegrain Rice	Chips
<b>Vegetable</b>	Onion	white Cabbage	onions	Shallots	Peas
<b>Dessert</b>	Fresh Fruit Salad	Scones	Sponge Cake with Jam & Whipped Cream	Apple Turnovers	Cheese and Crackers

Jacket Potatoes with tuna, cheese or beans, Salad, Hummus, Fresh Fruit & Yoghurts available daily

Ask Chef about the Daily Special

Please speak to a member of school staff about any dietary requirements

# PRIMARY LUNCH MENU



Week 4 w/c 6th May	PROUDLY MEAT FREE SUPPORTING Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	<b>Bank Holiday</b>	Pea	Red Pepper Soup	Chef Choice	Chef Choice
Main Meal		Vegetable Curry & Rice	Carbonara Penne Pasta Bake with Peas & Garlic Bread	Sausage & Mash with Peas	Homemade Battered Fish, Chips & Beans
Meat Free Main Meal		Spanish Omelette with Salad	Vegetable & Rice Enchiladas	Falafel pittas	Veggie Sausage Roll
Side dish		Rice	wholemeal pasta	Mash	Chips
Vegetable		Cabbage	Tomatoes	Peas	Baked Beans
Dessert		German Apple Cake	Sticky Toffee Pudding	Shortbread	Rich 'Chocolate' Cookies

Jacket Potatoes with tuna, cheese or beans, Salad, Hummus, Fresh Fruit & Yoghurts available daily

Ask Chef about the Daily Special

Please speak to a member of school staff about any dietary requirements

# PRIMARY LUNCH MENU



Week 5 w/c 13th May	PROUDLY MEAT Monday FREE SUPPORTING	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Chef Choice	Tomato and Basil	Broccoli & Cheddar	Chef Choice	Chinese Sweetcorn
<b>Main Meal</b>	Tomato & Basil Pasta	Ham Roast Dinner with Seasonal Vegetables & Roast Potatoes	Caribbean Beef Curry with Rice	Chef Choice	Fish Fingers or Tandoori Salmon with Chips & Garden Peas
<b>Meat Free Main Meal</b>	Red Pepper Quiche	Vegetarian Chilli with Rice	pesto pasta	Chef Choice	Veggie Burger in a Bun with Chips
<b>Side dish</b>	wholemeal pasta	potatoes/Rice	Rice/Pasta	Chef Choice	Chips
<b>Vegetable</b>	Tomatoes	Carrots	Red Peppers	Chef Choice	Garden Peas
<b>Dessert</b>	Fresh Fruit Salad	Vanilla Cheesecake	Pineapple & Coconut Sponge	Chef Choice	Cheese and Crackers

Jacket Potatoes with tuna, cheese or beans, Salad, Hummus, Fresh Fruit & Yoghurts available daily

Ask Chef about the Daily Special

Please speak to a member of school staff about any dietary requirements

# PRIMARY LUNCH MENU



Week 6 w/c 20th May	PROUDLY MEAT Monday FREE SUPPORTING	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Chef Choice	Leek & Potato	Red Pepper Soup	Tomato & Basil	Chef Choice
<b>Main Meal</b>	Cheesy Beans Pasta Bake	Corned Beef Hash	Chicken pie with Mash & Peas	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread	Fish Cake or Fish Fingers with Chips & Mushy Peas
<b>Meat Free Main Meal</b>	Cherry Tomato & Cheese Quiche with Salad	Asian Noodles	Macaroni Cheese	Vegetarian Sausage Toasties	Veggie Fingers
<b>Side dish</b>	Wholemeal Pasta	Potatoes/Noodles	Mash	Wholemeal Spaghetti	Chips
<b>Vegetable</b>	Onions	Onions	Peas	Tomatoes	Mushy Peas
<b>Dessert</b>	Sponge Cake & Custard	Ginger Biscuits	Fresh Fruit Salad	Fresh Fruit Trifle	Cheese & Crackers

Jacket Potatoes with tuna, cheese or beans, Salad, Hummus, Fresh Fruit & Yoghurts available daily

Ask Chef about the Daily Special

Please speak to a member of school staff about any dietary requirements